



COACHING SKILLS FOR LEADERS

DESCRIPTION:

Think of a great coach you've had in the past – possibly a job coach, or a life coach, or a sports coach. What makes this great coach stand out in your mind? Each individual might remember different qualities that made his/her coach great – yet, all would probably agree that their great coaches helped them to:

- Accomplish greater results than they thought possible
- Problem solve and find solutions
- Develop or improve skills
- Learn how to think on their own

Coaching is a critical skill for leaders. Ultimately, leaders want a highly productive, accountable, and motivated team of individuals who are able to perform with minimal intervention. Coaching is the tool to achieve this result.

In this workshop, leaders learn how to coach for problem solving and development. A six-step process is taught to increase the effectiveness of the coaching experience

WHO SHOULD ATTEND?

DURATION: 3-4 hours

CONTENT:

- Characteristics of a great coach
- Recognizing your coaching opportunities
- Preparing to coach
- Utilizing the six step coaching process
- Coaching for Problem Solving
- Coaching for Development

OBJECTIVES:

- Achieve personal awareness
- Apply principles to personally relevant situations
- Practice and engage with other participants to share challenges, solutions, and insights
- Develop a personalized action plan for improvement

Various activities, case studies, and practice opportunities are used to develop awareness and skills that participants can immediately apply after each session's completion.